

# **Family Self Sufficiency Fact Sheet**

## **Family Self-Sufficiency (FSS) Program**

The Family Self-Sufficiency (FSS) Program is a voluntary work-based program designed to assist families in becoming economically independent and self-sufficient. With the support of local agencies, FSS combines case management, education, job training, and ongoing support to aid each family in making positive changes in their lives.

## **How the FSS Program Works**

The FSS program helps families establish goals and identify barriers which could prevent achievement of those goals. The program will provide resources and services necessary for success and develop a plan with specific activities and actions needed to achieve goals. The program provides case management services, encouragement, motivation, and moral support to help families achieve their goals.

## **The Program Coordinating Committee (PCC)**

PCC is a committee where community agencies meet quarterly with New Smyrna Beach Housing Authority (NSBHA), FSS Program to work together and provide services to participants. The committee's main function is to assist in securing commitments of public and private resources to enable the housing authority to provide the necessary services to participants along their journey of becoming self-sufficient.

## **FSS Program Resources & Services**

In collaboration with local agencies and service providers, the FSS Program attempts to address a wide variety of family issues including career counseling, job training, education (high school diploma, GED, college), financial planning and budgeting, legal services, individual and family counseling, parenting skills, and home buyer education.

## **Benefits of the FSS Program**

Families who participate in the FSS program may obtain resources and services to make positive changes in their lives. They have an opportunity to receive an escrow check upon successful achievement of their goals and completion of the Contract of Participation. The FSS program provides families with homeownership opportunities.

## **FSS Program Eligibility**

Anyone 18 years of age or older and currently residing in a NSBHA Public Housing development or receiving a Housing Choice Voucher (Section 8) is eligible to participate in the Family Self-Sufficiency Program.

## **Enrolling in the FSS Program**

Anyone interested in enrolling in the FSS Program should complete an FSS Interest Form. FSS Interest Forms are available at the main office of NSBHA or the Community Resource Center. All completed FSS Interest Forms will be forwarded to the FSS Coordinator and all those interested in enrolling in the FSS Program will receive invitations to an orientation session.

## **Contact:**

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