



NEW REQUIREMENTS FOR DISABLED & ELDERLY HOUSEHOLDS

All **non-elderly, non-disabled** adults over the age of 18 who are not NSBHA-approved live-in aides living in a **disabled or elderly household**, where the head or co-head/spouse is disabled or elderly, are now subject to the following requirements:

REQUIREMENTS

1. **Work Requirement.** You must work a minimum of 15 or more hours per week by October 1, 2026.
2. **Family Self-Sufficiency (FSS) Program.** You must enroll in the FSS program by October 1, 2026.
3. **Term limits.** You will now be subject to a housing term limit of nine (9) years beginning with the household's next full triennial recertification.

Residents and participants of NSBHA who qualify will receive a letter detailing the next steps soon. Contact us for more information.